

Want to be well grounded in the Basics?

BASIC BALLROOM CLASS

TUESDAYS

7:00 - 8:30 PM

(Starts Sept. 27, 2005)

Panorama Elem. School

\$5 per couple

CONSIDER THIS GROUP IF YOU:

1. Want to learn basic ballroom dancing.
2. Want to learn basic round dancing.
3. Have little or no dancing experience.
4. Have dancing experience, but want to expand your repertoire of dance figures or rhythms.

THIS GROUP WILL COVER:

1. Basic figures in FOXTROT, WALTZ, CHA CHA, RUMBA, JIVE (SWING), TANGO.
2. Ballroom dance amalgamations and round dance sequences in all rhythms.
3. Emphasis on free style ballroom dancing.
4. Leading and Following techniques.
5. Written descriptions of all figures are provided.

WHAT IS ROUND DANCING?

Round dancing has been described as "choreographed" ballroom dancing. Dancers learn basic ballroom steps and combine them into a sequence or "dance" to a specific piece of music. They can also use the same steps and sequences as they create their own free style dance at a ballroom dance.

Taken the Basic Course? Want to Learn More?

INTERMEDIATE BALLROOM CLASS

TUESDAYS

8:30 - 10:00 PM

(Starts Sept. 27, 2005)

Panorama Elem. School

\$5 per couple

CONSIDER THIS GROUP IF YOU:

1. Have taken the beginners' class or equivalent.
2. Want to learn more ballroom amalgamations in the basic rhythms.
3. Want to learn new rhythms.
4. Want to continue dancing at a relaxed intermediate level.
5. Want to prepare to move on to the Thursday (higher phase) round dance group.

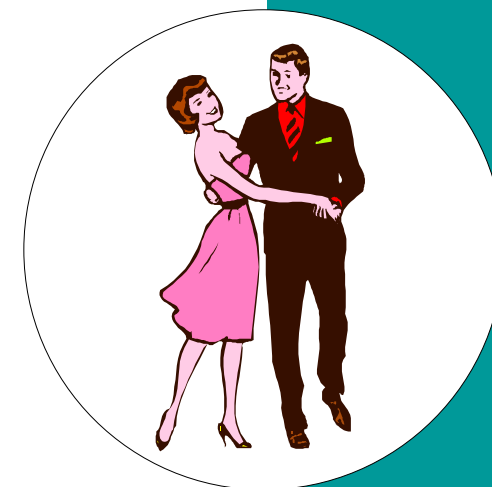
THIS GROUP WILL COVER:

1. Additional basics in FOXTROT, WALTZ, CHA CHA, RUMBA, SWING, TANGO.
2. Additional Rhythms of BOLERO, QUICKSTEP and MAMBO.
3. More advanced Amalgamations in each rhythm.
4. Leading & Following practice.
5. Both Dancing & Learning (50% -50%).
6. Emphasizes Ballroom Dancing with an Introduction to Round Dancing.

Note:

You are welcome to come early (no extra charge) during the 7:00-8:30 session for extra practice on the basics.

Centre Rounds



Summary of Dance Programs

**Fall
2005**

Carter & Ruby Ackerman
238-8949 cla1@psu.edu
website: CentreRounds.com

Sponsor:
Centre Region Parks & Recreation 231-3071

We move into Intermediate Round Dancing here.

PHASE 3-4 ROUND DANCING

THURSDAYS

7:00 - 8:30 PM

(Starts Sept. 15, 2005)

Boalsburg Elem. School

\$5 per couple

CONSIDER THIS GROUP IF YOU:

1. Feel comfortable with the Tuesday Intermediate Group and want to learn more basics and new rhythms.
2. Want to round dance at the Phase 3-4 level.
3. Want to apply more advanced round dance figures to ballroom dancing.
4. Want to be able to attend Phase 3-4 Round Dance Weekends and Conventions

THIS GROUP WILL COVER:

1. Additional basics in FOXTROT, WALTZ, CHA CHA, RUMBA, JIVE, TANGO, BOLERO, QUICKSTEP and MAMBO.
2. Additional Rhythms of MERENGUE, WEST COAST SWING and SLOW TWO STEP.
3. Phase 3-4 Round Dances in each rhythm.
4. Both Dancing & Learning (50% -50%.)
5. Sections of round dances can be used for ballroom dance amalgamations.



This group tackles all rhythms and phases.

PHASE 5-6 ROUND DANCING

THURSDAYS

8:30 - 10:00 PM

(Starts Sept. 15, 2005)

Boalsburg Elem. School

\$5 per couple

CONSIDER THIS GROUP IF YOU:

1. Feel comfortable with the Phase 3-4 Round Dancing and want to learn more basics and new rhythms.
2. Want to be able go attend Advanced (Phase 5-6) Round Dance Weekends and Conventions.
3. Want to apply more advanced round dance figures to ballroom dancing.
4. Are willing to put in some extra practice time.

THIS GROUP WILL COVER:

1. Additional basics in FOXTROT, WALTZ, CHA CHA, RUMBA, JIVE, TANGO, BOLERO, QUICKSTEP, MAMBO, MERENGUE, WEST COAST SWING, SALSA, LINDY HOP & SLOW TWO-STEP .
2. Additional Rhythms of PASO DOBLE, SAMBA, ARGENTINE and INTERNATIONAL TANGO.
3. More advanced Round Dances in each rhythm.
4. Both Dancing & Learning (50% -50%.)
5. Sections of round dances can be used for ballroom dance amalgamations.

NOTE:

You are welcome to come early (no extra charge) during the 7:00-8:30 session.

Round Dancing for Square Dancers.

TRADITIONAL ROUNDS

Meets Twice A Month

Wednesdays or Fridays

8:00 –9:30 PM

7:30 -8:00 Workshop

(Starts Sept. 21, 2005)

Boalsburg Elem. School

\$5 per couple

CONSIDER THIS GROUP IF YOU:

1. Have taken the beginners' class or equivalent.
2. Want to be able to dance most rounds at square dance events, including Centre Square dances.
3. Want to be able to dance the rounds in 2x2 halls and Phase 2-3 Round Dance halls at Conventions.
4. Want to dance at a relaxed level concentrating mostly on Two Steps, Waltzes and Cha Chas.

THIS GROUP WILL COVER:

1. Teaching and dancing primarily Phase 2-3 Two-Steps and Waltzes.
2. A few Phase 3 dances in Cha Cha, Rumba, Foxtrot, Tango and Jive rhythms.
3. New dances and reviews are taught during the 7:30-8:00 pm workshop.
4. 8:00 -10:00 pm is devoted to dancing with an occasional walkthru of a difficult spot in a dance.