

Lesson By Lesson Teaching Plan (30 Week Course)

No.	Waltz	Foxtrot	Cha Cha	Rumba	Tango	Jive (Triple)	Jive (Single)	Slow Dance	Bolero	Other
1 Sept.	Side Draw Tch F & B Draw Tch Box		Walk Circle Cucaracha					Sway Basic Sd, CI, Sd, CI Walk 4 (Fwd & Bk)		LF 1 Step for Pos. (OP,CP,SCP,B,S) Free Style Dancing
2	"Turn the Box"	Box "Turn the Box"	Lariat Forward Basic Back Basic	Walk Circle Cucaracha				Tap Basic		Leading & Following
3	Prog. Box	Prog. Box	Chase	Lariat Forward Basic Back Basic				Prom Walk		Drills from Practice Tapes: 1. Waltz
4	Dip & Recover	Fwd Run 2	Basic Front Cuban New Yorker	Chase				Dip Leg Crawl		2. Foxtrot 3. Cha Cha 4. Rumba
5	Left Turning Box	Left Turning Box	Fence Line	Basic Front Cuban New Yorker	Closed Basic Corte Basic					5. Tango 6. Triple Jive 7. Single Jive
6	Forward Waltz			Fence Line	Side Corte Basic Turning Tango Draw					
7			Back Cuban Time Step Hand to Hand		Forward Stairs Gaucho Turn	Basic Rock Fallaway Rock	Basic Rock Fallaway Rock			
8	2 Left Turns	2 Left Turns		Back Cuban Time Step Hand to Hand		Throwaway Link Rock	Throwaway Link Rock			
9	Hover Pickup	Hover Pickup				Chg R to L Chg L to R	Chg R to L Chg L to R			
10			Underarm Turn Rev. U/A Turn			Windmill	Windmill			
11 Dec.	Review	Review	Review	Review	Review	Review	Review			
12	CHRISTMAS PARTY (Dance all rhythms, Mixers, Line Dances, Demos)									
HOLIDAY BREAK										
13 Jan.	Review + Twinkle Maneuver				Review + Maneuver Back Tango Draw					
14	Right Turns Spin Turn				Prom Basic					
15	Diamond Turn				<u>Dance:</u> Uno Tango					

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16	<u>Dance:</u> Fascination									
17	2 Min Drill	Review + Twinkle Hover			2 Min Drill	Review + R Turn. Fallaway Chg Hds Bhd Back				
18	2 Min Drill	Pickup Maneuver R Turns			2 Min Drill	Jive Walks Swivel Walks Point Steps				
19	2 Min Drill	Spin Turn Diamond Turn			2 Min Drill	<u>Dance:</u> Night Train III				
20	2 Min Drill	<u>Dance:</u> Won't You Come Dance?			2 Min Drill					
21	2 Min Drill	2 Min Drill		Review + Spot Turn Shoulder To Sh.	2 Min Drill	2 Min Drill	Review + R Turn. Fallaway Chg Hds Bhd Back			
22	2 Min Drill	2 Min Drill		Crab Walks Box Circle Box	2 Min Drill	2 Min Drill	Shoulder Shove Spanish Arms			
23	2 Min Drill	2 Min Drill		Circle Box Wheel Whip	2 Min Drill	2 Min Drill	<u>Dance:</u> Hello Dolly			
24	2 Min Drill	2 Min Drill		<u>Dance:</u> El Coco III	2 Min Drill	2 Min Drill				
25	2 Min Drill	2 Min Drill	Review + Spot Turn Shoulder To Sh.	2 Min Drill	2 Min Drill	2 Min Drill	2 Min Drill		Basic Fence Line New Yorker	
26	2 Min Drill	2 Min Drill	Alemana Lariat	2 Min Drill	2 Min Drill	2 Min Drill	2 Min Drill		Shoulder to Sh. Hand to Hand Walk	
27	2 Min Drill	2 Min Drill	Whip Break Bk to OP	2 Min Drill	2 Min Drill	2 Min Drill	2 Min Drill		Hip Lift Cross Body Spot Turn	
28	2 Min Drill	2 Min Drill	<u>Dance:</u> Moonlight Shadows	2 Min Drill	2 Min Drill	2 Min Drill	2 Min Drill		Open Break <u>Dance:</u> Eyes On You	
29	LAST 2 WEEKS: Review Dance practice Introduction to 1 new rhythm from: Merengue, West Coast Swing, Samba, Mambo, Polka, Two-Step, Viennese Waltz									
30	PARTY									