

Free Style Ballroom Amalgamations

1. **CLOSED BASIC:**
(CP) WALK 2; TANGO DRAW;
2. **PROMENADE BASIC:**
(SCP) WALK & PICKUP; TANGO DRAW;
3. **CORTE BASIC:**
(CP) CORTE & REC; TANGO DRAW;
4. **PROMENADE BACK BASIC:**
(SCP) WALK & MANUV; BK TANGO DRAW;
5. (CP) GAUCHO TURN 4; TANGO DRAW;
6. (CP) FWD STAIR; TANGO DRAW;
7. (CP) WALK 2; 2 LEFT TURNS;; TANGO DRAW;
8. **CLOSED BASIC WITH ROCKS:**
(CP) WALK 2; ROCK 3; ROCK 3; TANGO DRAW;
9. **PROMENADE BASIC WITH ROCKS:**
(SCP) WALK 2; ROCK 3; ROCK 3 / PICKUP;
TANGO DRAW;
10. (SCP) WALK & MANUV; PIVOT 3; (SCP)
ROCK 3 / PICKUP; TANGO DRAW;
11. (SCP/LOD) WALK 2; (SCP) ROCK 3;
[Serpiente] THRU / FACE, SD, BHD, FAN;
BHD, SD, THRU, FAN; (SCP/LOD)
ROCK 3 / PICKUP; TANGO DRAW; (CP/LOD)
12. (SCP/LOD) WALK & PICKUP; TANGO DRAW;
WALK 2; TURNING TANGO DRAW; (CP/COH)
(SCP/ROD) WALK & PICKUP; TANGO DRAW;
WALK 2; TURNING TANGO DRAW; (CP/WALL)

TANGO

Timing is 4/4. The basic rhythm is SS;QQS;. Other rhythm patterns are: {SS;} {QQS;} and {QQQ;}.

TANGO TECHNIQUE

1. The HOLD is more COMPACT with the lady well right into the man's right elbow. The lady's left arm overlacks the man's right arm to better follow the sharp body turns.
2. There is NO RISE or FALL. The upper body is erect, but the knees are soft (bent), resulting in a lower standing height (but a "tall" feel.) In closed position, the ball of the man's right foot is placed at the instep of the left foot.
3. All STEPS forward are heel leads; steps back are ball then heel; closing steps are flat whole foot; side steps are on the inside edge of the foot. Use Contra Body action on walks and rocks.
4. The feet are almost always PICKED UP AND PLACED deliberately, not scooted along the floor.
5. Because of the compact hold, slight movements by the man are AMPLIFIED by the lady (true of most dances but critical in tango.)
6. In closed position WALKS normally curve slightly LF as the man's L foot is placed forward slightly across the R and the R foot is placed forward slightly to the side.

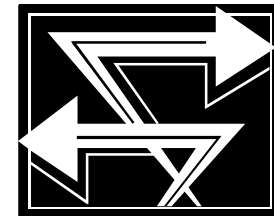
CENTRE ROUNDS

Sponsor:
Centre Region Parks & Recreation (231-3071)
Instructors:
Carter & Ruby Ackerman (238-8949)

CENTRE ROUNDS

Introductory Tango Basics

Carter & Ruby Ackerman



Fall 2003

TANGO

INTRODUCTORY BASICS

Back Tango Draw	Pivot 3
Corte	Recover
Fan	Right Lunge
Forward Stair	(SCP) Rock 3
Gaicho Turn 4	Rock 3 / Pickup
2 Left Turns	Serpiente
Leg Crawl	Side Corte
Maneuver	Tango Draw
Pickup	Turning Tango Draw

BACK TANGO DRAW {QQS;} [CP]

M: Bk L, Sd R, Draw L to R with no weight chg, -;
W: Fwd R, Sd L, Draw R to L with no weight chg. -;

CORTE {S}

M: (CP) Bk & Sd L with lowering action, -;
W: (CP) Fwd R with lowering action, -;

FAN {No weight change}

The free foot moves either forward or backward and out to the side with the foot slightly off the floor.

FORWARD STAIR {QQQQ;}

M: (CP) Forward L, Close R, Side L, Close R;
W: (CP) Back R, Close L, Side R, Close L;

GAUCHO TURN 4 {QQQQ;}

M: (CP) Rock Fwd L, Rec Bk R with a 1/4 left turn,
Rock Fwd L, Rec Bk R with a 1/4 left turn;
W: (CP) Rock Bk R, Rec Fwd L with a 1/4 left turn,
Rock Bk R, Rec Fwd L with a 1/4 left turn;

2 LEFT TURNS {QQS; QQS;}

[Starts: CP/DLC. Ends: CP/WALL]
M: Fwd L (turning LF), Sd R (turning LF), Cl L, -;
Bk R (turning LF), Sd L (turning LF), Cl R, -;
W: Bk R (turning LF), Sd L (turning LF), Cl R, -;
Fwd L (turning LF), Sd R (turning LF), Cl L, -;

LEG CRAWL {SS;} [CP after a Right Lunge]

M: Recover L keeping R leg extended side, -, small back R in CP, -;
W: Recover R and lift L leg up along man's outer thigh with toe pointed to floor, -, bring L leg down and small fwd L, -;

MANEUVER {S} [Starts: SCP. Ends: CP]

M: Fwd R (turn 1/2 RF to CP), -;
W: Fwd L, -;

PICKUP {S or Q} [Starts SCP and ends CP]

M: Fwd R
W: Fwd L (Turning 1/2 LF to CP)

PIVOT 3 {QQS;} [Starts: CP/RLD. Ends: SCP/LOD]

M: Bk L (turning RF), Sd R (turning RF), Fwd L, -;
W: Fwd R (turning RF), Sd L (turning RF), Fwd R, -;

RECOVER {S or Q}

Return weight to the original supporting foot.

RIGHT LUNGE {S} [CP with M's R foot free]

M: Side and slightly Fwd on R then flex R knee, -;
W: Side and slightly Back on L then flex L knee, -;

(SCP) ROCK 3 {QQS;} [SCP] [Can start with either foot]

M: Fwd L, Recover R, Fwd L, -;
W: Fwd R, Recover L, Fwd R, -;

ROCK 3 / PICKUP {QQS;} [Starts: SCP. Ends: CP]

M: Fwd R, Recover L, Fwd R, -;
W: Fwd L, Recover R, Fwd L, swivel 1/2 LF on L to CP;

SERPIENTE {QQQQ; QQQQ;} [CP/WALL or BFL Y/WALL]

M: Thru R, Sd L, Bhd R, Fan L CCW; Bhd L, Sd R,
Thru L, Fan R CCW Swiveling LF to SCP/LOD;
W: Thru L, Sd R, Bhd L, Fan R CW; Bhd R, Sd L, Thru R,
Fan L CW Swiveling RF to SCP;

SIDE CORTE {S} [CP]

M: Side L flexing supporting knee & turning to RSCP
leaving other leg extended with toe pointing to floor, -;
W: Side R flexing supporting knee & turning to RSCP
leaving other leg extended with toe pointing to floor, -;

TANGO DRAW {QQS;} [CP]

M: Fwd L, Fwd & Sd R, Draw L to R with no weight change, -;
W: Bk R, Bk & Sd L, Draw R to L with no weight change, -;
[Draw occurs over last 2 beats of the measure]
[Draw can be replaced by BRUSH/TAP action. Knee of tapping foot should veer inwards.]

TURNING TANGO DRAW {QQS;} [CP]

M: Fwd L turning 1/4 LF, Sd R, Draw L to R, -;
W: Bk R turning 1/4 LF, Sd L, Draw R to L, -;
[Draw occurs over last 2 beats of the measure]

INTRODUCTORY DANCES

UNO TANGO

Phase 3 Tango -C & R Ackerman
Roper JH 412 (40 rpm)

SEO: INTRO A B A B A B A B ENDING

INTRO: (CP/LOD) WAIT;; CORTE,-,REC,-;
TANGO DRAW; (CP/LOD)

A: (CP/LOD) WALK 2; TANGO DRAW;
(SCP/COH) WALK & MANUV; BK TANGO DRAW;
(CP/WALL) CORTE & REC; TANGO DRAW;
(SCP/LOD) WALK & PICKUP; TANGO DRAW;

B: (CP/LOD) WALK 2; TANGO DRAW;
(SCP/COH) WALK & PICKUP; TANGO DRAW;
(CP/COH) GAUCHO TURN 4; TANGO DRAW;
(CP/WALL) FWD STAIR; TURNING TANGO DRAW;

ENDING: (CP/LOD) HOLD; SIDE CORTE;

HERNANDO'S TANGO

Phase 3+2 Tango -C & R Ackerman
Grenn 17094, 14155, 14248

SEQ: INTRO A B C B C A(1-6) ENDING

INTRO: (CPILOD) WAIT;; FWD, -, R LUNGE, -;
REC to LEG CRAWL; (CP/LOD)

A: (CP/LOD) WALK 2; TANGO DRAW;
(SCP/COH) WALK & MANUV; BK TANGO DRAW;
(CP/WALL) CORTE & REC; TANGO DRAW;
(SCP/LOD) WALK & PICKUP; TANGO DRAW;

B: (CP/LOD) WALK 2; TANGO DRAW;
(SCP/COH) WALK & PICKUP; TANGO DRAW;
(CP/COH) GAUCHO TURN 4; TANGO DRAW;
(CP/WALL) FWD STAIR; TANGO DRAW;

C: (SCP/LOD) WALK 2; (SCP) ROCK 3;
[Serpiente] THRU / FACE, SD, BHD, FAN;
BHD, SD, THRU, FAN; (SCP/LOD)
ROCK 3 / PICKUP; TANGO DRAW; (CP/LOD)
SD CORTE & REC; TANGO DRAW;
(CP/LOD) CURVING WALK 2; (CP/DLC)
2 LEFT TURNS{QQS}; (CP/WALL) TANGO DRAW;
(SCP/LOD) WALK & MANUV; PIVOT 3; (SCP/LOD)
ROCK 3 / PICKUP; TANGO DRAW; (CP/LOD)

ENDING: (CP/WALL) FWD, -, R LUNGE, -;
REC to SLOW LEG CRAWL & HOLD;