

And I Love Her

Choreo: Casey & Sharon Parker, 11168 Loduca Dr, Manteca, Ca. 95336 **email:** trustme@pacbell.net
Music: "And I Love Her" (3:11) download iTunes, CD: Love Songs, Track 5
Artist: Julio Iglesias **Sug. Speed:** 100% (as downloaded)
Footwork: Opposite, Unless noted (W's footwork in parenthesis)
Rhythm: Rumba **Difficulty:** Above Avg
Phase: V+2+2 (Adv Sliding Door, Same Ft Lunge) (Ckd Hockey Stick, Head Loop)
Sequence: Intro–A–B–Int–C–A mod (11-20)–End **Released:** Jan 2015

Intro

- 1 – 4** Both fcg LOD 6 ft apt W in front of M lead ft free Wait 2 meas;; M Fwd QQSS & caress;;
1-4 Both fcg LOD W 6 ft in front of M lead ft free Wait 2 meas;; W hold M Fwd L, Fwd R, Fwd L, - ; Fwd R to slowly caress W arms by moving M's hnds down W's upper arms till just above W's elbows, - , - , - ;
- 5 – 8** Cucaracha 3X;;; Lady Fan to DLC;
5-8 [**Cucaracha 3X**] Sd L, Rec R, Cl L, - ; Sd R, Rec L, Cl R, - ; Sd L, Rec R, Cl L, - ;
[**Lady Fan to DLC**] Bk R, Rec L, Cl R joining M's L W's R hnds, - (Sd & Fwd L DLC, Fwd R trng LF 1/2, Bk L, -);

Part A

- 1 – 4** Hockey Stick WALL;; Op Hip Twist; Fan to fc LOD;
1-4 [**Hockey Stick**] Fwd L, Rec R, Cl L raising lead hnds in front of M's forehead, - (Cl R, Fwd L, Fwd R, -); Bk R, Rec L trng slightly RF leading W to turn LF under jnd lead hnds, Fwd R twd Wall following W, - (Fwd L, Fwd R trng LF to fc COH, Sd & Bk L, -); [**Op Hip Twist**] Ck Fwd L, Rec R, Cl L to R leading W to swivel 1/4 RF, - (Bk R, Rec L, Fwd R twd M then swiveling 1/4 RF to fc LOD, -); [**Fan to fc LOD**] Bk R, Rec L trng 1/4 LF to fc LOD & leading W to trn LF, small Sd R, - (Fwd L, Fwd R trn 1/2 LF, Bk L, -);
- 5 – 8** Half Basic to a Full Nat Top fc COH;;;;
5-8 [**Half Basic to Full Nat Top**] Fwd L, Rec R, trng slightly RF Sd L to CP, - (Bk R, Rec L, Fwd R between M's feet, -); commence RF rotation XRIB, Sd L, XRIB, - (Sd L, XRIF, Sd L, -); Sd L, XRIB, Sd L, - (XRIF, Sd L, XRIF, -); XRIB, Sd L, Cl R CP COH, - (Sd L, XRIF, Cl L, -);
- 9–12** Cuddle 2X;; Cuddle M Across Lady Spiral to LOP FCG M fcg WALL; [to RLOD] Fwd 3;
9-12 [**Cuddle 2X**] Sd L leading W to trn RF & rel ld hnds to sweep L arm out to sd, rec R, cl L to R (W swvl ½ RF on L/sd R & sweep R arm out to sd, rec L trng ¼ LF, sm fwd R in frnt of M trng ¼ LF) to CUDDLE POS COH,-; Sd R leading W to trn LF & sweep R arm out to sd, rec L, cl R to L (W swvl ½ LF on R/sd L & sweep L arm out to sd, rec R trng ¼ RF, sm fwd L in frnt of M trng ¼ RF) to CUDDLE POS COH,-;
[**Cuddle M across Lady Sprial**] Sd L leading W to trn RF, rec R trng ¼ RF to fc W joining ld hnds to trn W LF, sd & fwd L trng ¼ RF to fc WALL (W swvl ½ RF on L sd R, rec L to fc RLOD joining ld hnds, fwd R spiraling LF undr lead hnds) to end LOP FCG M fcg WALL,-;
[**Fwd 3**] Cont RF trn (W LF trn) to LOP RLOD stp Fwd R,L,R,-;
- 13–16** M Aida & Ck; Rec Trn to SCAR & Ckg; Cuddle Cross Swivel 2X; Zig Zag 3 with Outside Swivel;
13-16 [**M Aida & Ck**] Thru RLOD L commencing LF trn, sd RLOD R cont LF trn, bk L (W fwd RLOD R,L,R) to BJO DLW placing M's R hnd on W's L sd and W's R hnd on M's L shldr and bth L arms out to sd,-;
[**Rec to SCAR**] Fwd R outsd ptr commencing RF trn, sd L cont RF trn, bk R to SCAR DRW placing M's L hnd on W's R sd and W's L hnd on M's R shldr and bth R arms out to sd,-;
[**Cuddle Cross Swivel 2X**] Placing M's hnds at W's hips and W's hnds on M's shldrs Fwd L outsd ptr swvl ¼ LF to BJO DLW,-,Fwd R outsd ptr swvl ¼ RF to SCAR DRW,-;
[**Zig Zag 3 & Outside Swivel**] Leaving hnds as in previous meas stp Fwd L DRW outsd ptr commencing LF trn, Sd R cont LF trn, Bk L to BJO DLW, trn bdy RF to allow W to swvl RF outsd of M blending to ½ OP LOD ;
- 17–20** Dbl Spot Trn [Spot Trn 2 Pt & Spot Trn];; Alemana Overtrn to Shadow WALL;;
17-20 [**Dbl Spot Trn**] releasing partner contact and lowering M's R arm Fwd R trng 1/2 LF, Rec R trng 1/4 LF to fc ptr, Pt R twd RLOD, - ; Swiveling 1/4 on ball of supporting ft Fwd R trng 1/2 LF, Rec R trng 1/4 LF to fc ptr, Sd R, - ;
[**Alemana Lady Overtrn to Shadow WALL**] Fwd L, Rec R, Cl L leading W to Trn RF, - (Bk R, Rec L, Sd R commence swivel,-) ; Bk R, Rec L, Cl R leading W to swivel RF to Shadow WALL, - (cont RF trn under jnd lead hnds Fwd L, cont RF trn Fwd R, Sd & Fwd L swiveling 1/2 RF to Shadow WALL, -) ;

Part B

1 – 4 Advanced Sliding Door;; Start Adv Sliding Door Lady Spiral to; Hockey Stick Ending;

1-2 **[Advanced Sliding Door]** Fwd L on ball of ft pressure into floor with 1/8 body trn to R, Rec R with 1/8 body trn to L, XLIB R trng 1/8 LF, - (Bk R keeping pressure into floor with ball of L ft as the body trns 1/8 RF, Rec L with 1/8 body trn to L, stp R Fwd & across in line with the supporting ft with 1/8 body trn LF, -) ; compress into L knee allowing pointed R ft to slide to sd no weight change, rise trng body 1/8 RF, Cl R, - (Sd L compressing into knee with L sd stretch, Rec R, stp L Bk & across in line with the supporting ft with 1/8 body trn RF, -) ;

3-4 **[Start Advanced Sliding Door]** Fwd L on ball of ft pressure into floor with 1/8 body trn to R, Rec R with 1/8 body trn to L, XLIB R trng 1/8 LF, - (Bk R keeping pressure into floor with ball of L ft as the body trns 1/8 RF, Rec L with 1/8 body trn to L, stp R Fwd & across in line with the supporting ft spiral LF 360 to fc WALL, -) ;

[Hockey Stick Ending] Bk R, Rec L, Fwd R following W, - (Fwd L, Fwd R trng LF 1/2 to fc M, Bk L, -) ;

5 – 8 Chase 1/2;; Cucaracha M Trans; Slow Hip Rk L & R;

5-6 **[Chase 1/2]** Fwd L commence 1/2 RF trn, Rec Fwd R, Fwd L, - (Bk R no trn, Rec L, Fwd R, -) ; Fwd R commence 1/2 LF trn, Rec Fwd L, Fwd R Tandem WALL, - (Fwd L commence 1/2 RF trn, Rec Fwd R, Fwd L Tandem WALL, -) ;

7 **[Cucaracha M Trans]** Sd L, Rec R, Tch L, - (Sd R, Rec L, Cl R, -) ;

8 **[Slow Hip Rk L & R]** Tandem WALL same footwork hip Rk Sd L, - , Sd R, - ;

9–12 Half Basic; Fence Line; Hip Rk 3; Fence Line Lady Trn Trans BJO;

9-12 **[Half Basic]** Fwd L, Rec R, Sd L, - ; **[Fence Line]** XRIF L with bent knee, Rec L, Sd R, - ;

[Hip Rk 3] Hip Rk Sd L, Sd R, Sd L, - ; **[Fence Line Lady Trn Trans BJO]** XRIF L with bent knee, Rec L, Sd R to BJO DLW, - (XRIF L commence slow LF trn, - , Rec Fwd L to BJO) ;

13–16 Bk Twisty Vine 4; Bk to Prep; Same Ft Lunge; Qk Telemark exit;

13 **[Bk Twisty Vine 4]** BJO DLW Bk L, trng RF Sd R, XLIF R (XRIB L) SCAR DRW, trng LF Sd & Bk R to BJO DLW;

14 **[Bk to Prep]** Bk L swiveling RF on L, - , Tch R to L with slight sway, - (Fwd R outside ptr swiveling about 3/8 RF on R, - , Cl L, -) ;

15 **[Same Ft Lunge]** slowly Sd & slightly Fwd R looking R with L sd stretch, - , - , - (slowly Bk R well under body trng body slightly LF and looking well to left, - , - , -) ;

16 **[Qk Telemark exit]** trn LF to fold W to CP, Fwd L, Sd R cont LF trn, Sd & Fwd L to tight SCP DLW (Rec L trng LF to CP, Bk R, Cl L heel trn, Sd & Fwd R to tight SCP DLW) ;

17 – 18 Thru Fan to fc; Hip Rk L & R;

17-18 **[Thru Fan to fc]** Thru R, - , trng to fc ptr Fan L to a tch, - ; **[Hip Rk L & R]** hip rks Sd L, - , Sd R, - ;

Int

1 – 2 Cross Body to COH;;

1-2 **[Cross Body]** Fwd L, Rec R, trng LF L-shaped pos Sd L, - (Bk R, Rec L, Fwd R twd M L-shaped pos, -) ; Bk R cont LF trn, small Fwd L, Sd & Fwd R CP COH, - , (Fwd L commencing to trn LF, Fwd R trng 1/2 LF, Sd & Bk L, -) ;

Part C

1 – 4 Half Basic; Fan; Stop & Go Hockey Stick;;

1-2 **[Half Basic]** CP COH Fwd L, Rec R, Sd L, - ; **[Fan]** Bk R, Rec L leading W to bk twd RLOD, Sd R, - (Fwd L, trng LF stp Sd & Bk R making 1/4 trn to L, Bk L leaving R extended fwd with no weight, -) ;

3-4 **[Stop & Go Hockey Stick]** Ck Fwd L, Rec R raising L arm to lead W to a LF underarm trn, Cl L, - (Cl R, Fwd L, Fwd R trng 1/2 LF under jnd hnds to end at M's R sd, -) ; Ck Fwd R with L sd stretch shaping to ptr placing R hnd on W's L shldr blade to ck her movement, Rec L raising L arm to lead W to a RF underarm trn, Cl R, - (Ck Bk L, Rec R, Fwd L trng 1/2 RF under jnd hnds to end fcg M in Fan Position, -) ;

5 – 8 Alemana;; Cuddle 2X;;

5-6 **[Alemana]** Fwd L, Rec R, Cl L leading W to Trn RF, - (Bk R, Rec L, Sd R commence swivel,-) ; Bk R, Rec L, Cl R Cuddle Pos COH, - (cont RF trn under jnd lead hnds Fwd L, cont RF trn Fwd R, Sd & Fwd L to Cuddle Pos W fcg WALL, -) ;

7-8 **[Cuddle 2X]** Same as Part A meas 9-10;;

Part A mod [11-20]

11–13 Cuddle M Across Lady Spiral to LOP FCG M fcg WALL; [to RLOD] Fwd 3; M Aida & Ck;

11-13 Same as Part A meas 11-13;;;

14–16 Rec Trn to SCAR & Ckg; Cuddle Cross Swivel 2X; Zig Zag 3 with Outside Swivel;

14-16 Same as Part A meas 14-16;;;

17 – 20 Dbl Spot Trn [Spot Trn 2 Pt & Spot Trn];; Alemana to BFLY;;

17-20 Same as Part A meas 17-18 ;;

[Alemana] Fwd L, Rec R, Cl L leading W to Trn RF, - (Bk R, Rec L, Sd R commence swivel,-); Bk R, Rec L, Cl R, - (cont RF trn under jnd lead hnds Fwd L, cont RF trn Fwd R, Sd & Fwd L to BFLY WALL, -);

Ending

1 – 4 New Yorker to Half Op LOD; Op In & Out Runs;; Fwd to a Fan;

1 **[New Yorker Half Op LOD]** Swiveling on R Thru L twd RLOD, Rec R to fc ptr, Sd L trng to Half Op fcg LOD, - ;

2-3 **[Op In & Out Runs]** Fwd R starting RF trn, Sd & Bk L DLW cont trn, Sd & Fwd R to Left Half OP LOD, - (Fwd L, Fwd R between M's feet, Fwd L, -); Fwd L leading the W to cross in front of M, Fwd R between W's feet, Fwd L, - (Fwd R starting RF trn, Sd & Bk L DLW cont trn, Sd & Fwd R to Half OP LOD, -);

4 **[Fwd to a Fan]** Fwd R, Fwd L trng RF to fc wall & leading W to trn LF, small Sd R, - (Fwd L, Fwd R trng LF 1/2, Bk L, -);

5 – 7 Checked Hockey Stick to low BFLY; Rk 3 & Push Apt; Step Tog with M's Slow Head Loop;

5 **[Checked Hockey Stick to low BFLY]** Rk Fwd L, Rec R, sm Sd L (W Cl R to L, Fwd L, Fwd R) joining bth hnds in frnt of bodies at hip level,-;

6 **[Rk 3 & Push Apt]** keeping dbl handhold Rk Sd R, Rk Sd L, Sd R stepping slightly apt (W Rk Bk L, Rk Fwd R, Bk L stepping slightly apt) keeping dbl handhold at end of meas,-;

7 **[Step Tog & Head Loop]** slowly stp tog L (R) bringing M's L and W's R hnds up and over M's head ending with W's ld hnd on M's L shldr and other hnds joined in frnt of ptrs at waist level,-,-;