Put A Little Love In Your Heart

Choreo: Casey & Sharon Parker, 11168 Loduca Dr, Manteca, Ca. 95336 **email:** trustme@pacbell.net
Music: CD – Songs From The Soul – Track 6 - "Put A Little Love In Your Heart" – available itunes
Footwork: Opposite, Unless noted (W's footwork in parenthesis) **Artist:** The Blenders
Rhythm: Cha **Phase:** IV+1 (Dbl Cuban) **Degree of Difficulty:** EZ
Sequence: Intro - A – B– A – B – C – A – B – C – End **Released:** January 2009 ver 1.1

Intro

1 Wait 3 notes
1 Bfly wall – lead ft free – Wait 3 notes -

A

1-8 Basic;; Shldr to Shldr Twice;; Alemana;; Fence Line Twice;;
1-2 [Basic] Fwd L, Rec R, Sd cha L/R, L; Bk R, Rec L, Sd cha R/L, R;
3-4 [Shldr-Shldr] Fwd L to bfly scar, Rec R to fc, Sd cha L/R, L; Fwd R to bfly bjo, Rec L to fc, Sd cha R/L, R;
5-6 [Alemana] Fwd L, Rec R, Sd L/Cls R, Sd L leading W to comm RF trn under lead hnds (W Bk R, Rec L, Sd R/Cls L, Sd R comm RF swivel); Bk R, Rec L, Sd R/Cls L, Sd R to bfly (W cont RF trn under joined lead hnds Fwd L, cont RF trn Fwd R, Sd L/Cls, Sd L);
7-8 [Fence Line] bfly wall X lunge thru L with bent knee looking in dir of lunge, Rec R trng to fc ptr, Sd cha L/R, L; X lunge thru R with bent knee looking in dir of lunge, Rec L trng to fc ptr, Sd cha R/L, R;

B

1-8 Brk Bk to Triple Cha Fwd;; Brk Fwd to Triple Cha Bk;; Hnd to Hnd; Spot Trn LOD; Time Step Twice;;
1-2 [Brk Bk to Triple Cha] trng to op fc LOD Bk L, Rec R, Fwd L/Lk R, Fwd L; Fwd R/Lk L, Fwd R, Fwd L/Lk R, Fwd L;
3-4 [Brk Fwd to Triple Cha] trng to op fc LOD Fwd R, Rec L, Bk R/Lk L, Bk R; Bk L/Lk R, Bk L, Bk R/Lk L, Bk R;
5-6 [Hnd to Hnd] Bk L twd RLOD op fc LOD, Rec R to BFLY, Sd cha L/R, L;
[Spot Trn] releasing hnds XRIF (XLIF) trng LF (RF) to fc RLOD, Fwd R cont trn to fc ptr, Sd cha R/L, R;
7-8 [Time Step] fcg ptr with no hnds jnd XLIB (XRIB), Rec R, Sd cha L/R, L; XRIB (XLIB), Rec L, Sd cha R/L, R;

C

1-8 Chase;;;; Dbl Cuban {1 meas}; Spot Trn LOD; Hnd to Hnd; New Yorker 2 Chg Pt LOD;
1-4 [Chase] Releasing hnds Fwd L trng RF 1/2 , Rec Fwd R to fc COH, Fwd cha L/R, L (Bk R, Rec L, Fwd cha R/L,R);
Fwd R trng 1/2 LF, Rec Fwd L, Fwd cha R/L, R (Fwd L trng 1/2 RF, Rec Fwd R, Fwd cha L/R, L) ;
Fwd L, Rec R, Bk cha L/R, L (Fwd R trng 1/2 LF, Rec Fwd L, Fwd cha R/L, R) ; Bk R, Rec L, Sd cha R/L, R;
5-6 [Double Cuban] fcg ptr no hnds XLIF (XRIF)/Rec R, Sd L/Rec R, XLIF (XRIF)/Rec R, Sd L;
[Spot Trn] releasing hnds XRIF (XLIF) trng LF (RF) to fc RLOD, Fwd R cont trn to fc ptr, Sd cha R/L, R;
7-8 [Hnd to Hnd] Bk L twd RLOD op fc LOD, Rec R to BFLY, Sd cha L/R, L;
[New Yorker 2 Chg Pt] Thru R twd LOD in OP, Rec L fc ptr in BFLY/Cls R, Pt Sd L to LOD,-;

End

1-8 Chase;;;; Dbl Cuban {1 meas}; Spot Trn LOD; Dbl Cuban {1 meas}; Spot Trn LOD;
1-4 [Chase] Releasing hnds Fwd L trng RF 1/2 , Rec Fwd R to fc COH, Fwd cha L/R, L (Bk R, Rec L, Fwd cha R/L,R);
Fwd R trng 1/2 LF, Rec Fwd L, Fwd cha R/L, R (Fwd L trng 1/2 RF, Rec Fwd R, Fwd cha L/R, L) ;
Fwd L, Rec R, Bk cha L/R, L (Fwd R trng 1/2 LF, Rec Fwd L, Fwd cha R/L, R) ; Bk R, Rec L, Sd cha R/L, R;
5-6 [Double Cuban] fcg ptr no hnds XLIF (XRIF)/Rec R, Sd L/Rec R, XLIF (XRIF)/Rec R, Sd L;
[Spot Trn] releasing hnds XRIF (XLIF) trng LF (RF) to fc RLOD, Fwd R cont trn to fc ptr, Sd cha R/L, R;
7-8 [Double Cuban] fcg ptr no hnds XLIF (XRIF)/Rec R, Sd L/Rec R, XLIF (XRIF)/Rec R, Sd L;
[Spot Trn] releasing hnds XRIF (XLIF) trng LF (RF) to fc RLOD, Fwd R cont trn to fc ptr, Sd cha R/L, R;

9-12 Dbl Cuban {1 meas}; Spot Trn LOD; Hnd to Hnd; New Yorker 2 Chg Pt LOD;
9-10 [Double Cuban] fcg ptr no hnds XLIF (XRIF)/Rec R, Sd L/Rec R, XLIF (XRIF)/Rec R, Sd L;
[Spot Trn] releasing hnds XRIF (XLIF) trng LF (RF) to fc RLOD, Fwd R cont trn to fc ptr, Sd cha R/L, R;
11-12 [Hnd to Hnd] Bk L twd RLOD op fc LOD, Rec R to BFLY, Sd cha L/R, L;
[New Yorker 2 Chg Pt] Thru R twd LOD in OP, Rec L fc ptr in BFLY/Cls R, Pt Sd L to LOD,-;